

**HENRY CURRAN - PROJECT LEADER**

**NEW HORIZON  
TRAINING and EMPLOYMENT PROJECT  
GLASGOW  
(COMMUNITY REHAB)**

**MISSION STATEMENT**

**“TO EMPOWER”**

# BACKGROUND

|  |      |
|--|------|
| Project Leader - New Horizon                 | 2010 |
| Senior Project Worker - New Horizon          | 2000 |
| Employment Advisor - East End Partnership    | 1993 |
| Postgraduate Addictions - Glasgow University | 2006 |

# NEW HORIZON – OUTCOMES 2014-2015

|                              |    |
|------------------------------|----|
| ➤ EMPLOYMENT                 | 17 |
| ➤ VOLUNTEERING               | 13 |
| ➤ EDUCATION & TRAINING       | 35 |
| ➤ CURRENT CASELOAD           | 81 |
| ➤ DRUG FREE                  | 13 |
| ➤ ALCOHOL FREE               | 9  |
| ➤ ALCOHOL/DRUG FREE          | 3  |
| ➤ Placements into Employment | 4  |

**“TRANSFORMATION  
THROUGH  
SUCCESSFUL  
RELATIONSHIPS”**

“THE MEETING OF TWO PERSONALITIES IS  
LIKE THE CONTACT OF TWO CHEMICAL  
SUBSTANCES: IF THERE IS ANY REACTION  
BOTH ARE TRANSFORMED”

C.G. JUNG

# SYNERGY

“The interaction of two or more agents or organisations to produce an effect greater than the sum of their separate parts”

# RELATIONSHIPS

➤ ORGANISATIONAL – PARTNERSHIPS

➤ CLIENT/WORKER



# New Horizon

## Organisational Relationships/Partnerships

- **Social Work** – Community Addiction Team, Children and Families, Criminal Justice
- **Glasgow Kelvin College** – learning centre & tutor
- **Jobs & Business Glasgow** – employment & training
- **Health Promotion** – oral health, smoking cessation
- **Scottish Drugs Forum** – addiction placements & Naloxone trainers
- **City Colleges & Universities** – social care & addiction placements
- **North East Recovery Communities** – volunteering
- **Waverley Care** – Hep C education, testing, counselling & complementary therapies



# BARRIERS to a SUCCESSFUL RELATIONSHIP

- ❖ Ethos or culture of the organisation
- ❖ Management ethos
- ❖ Worker has no belief in the client
- ❖ Client has no belief in the worker
- ❖ Worker knows best
- ❖ Client knows best
- ❖ Different workers/professionals/agencies want different things (mixed messages)
- ❖ Language
- ❖ Self-esteem
- ❖ Confidence

# RECIPE FOR SUCCESSFUL RELATIONSHIPS

- Rapport
- Respect
- Trust
- Negotiation & Agreement
- Honesty
- Commitment from everyone
- Ability to Challenge
- Be open to change
- Accept it is not working
- Solution focused

# Client/Worker Relationship

## Workers Role

- ❖ Inspire & Empower
- ❖ Negotiate a plan
- ❖ Instil hope for the future
- ❖ Goal-setting (ownership & motivation)
- ❖ Advise, counsel
- ❖ Promote and encourage honesty
- ❖ Utilise interventions
- ❖ Make use of specialists & peer example
- ❖ Liaise with partners
- ❖ Monitor & review

# Client/Worker Relationship

## Client's Role

❖ Attend

# WHAT WILL HELP YOU?

- Challenge thinking – where's the evidence?
- Focus on client aspirations
- Positive attitude
- Be open to change – if nothing changes, nothing changes
- Practice what you preach
- Deal with reality
- Face fears
- Appropriate training
- Consistency
- Supervision & support

## CASE STUDY 1 Female

18 years drug use culminating in serious heroin habit – drug workers

8 years on Methadone – prescriber & rehab

Prostitution/Prison – criminal justice worker

Homeless – housing worker

No qualifications – employment worker & college

1 child – social work involvement

Poor health inc. Hep C – health services/doctor

Poor overall fitness – fitness instructor

Client Aspirations – To get drug free and become a social care worker



## CASE STUDY 2 Male

19 years drug use culminating in serious heroin habit – drug workers

15 years on Methadone – prescriber & rehab

Homeless – Housing worker

18 months community rehab – key worker

Hep C – health services

Crime and prison – criminal justice workers

No qualifications – employment worker & college

Volunteering – North East Recovery Day

1 child – Social Work involvement

Poor fitness – community rehab key worker

Client aspirations – drug free & work in addiction



# CASE STUDY 1 OUTCOME

- ❖ Drug/alcohol free 16 years
  - ❖ Stable relationship & family
  - ❖ Full-time job for past 13 years – Addiction Worker
  - ❖ Own tenancy
- 
- ❖ Education – University degree, HNC social care, SVQ level 3 social care, Diploma CBT,

# CASE STUDY 2 OUTCOME

- ❖ Drug/alcohol free past 4 years
- ❖ Own tenancy
- ❖ Support worker – 2 years
- ❖ Addiction worker – young people 6 months

YOU HAVE THE OPPORTUNITY TO  
TRANSFORM YOUR CLIENTS, YOURSELF  
and YOUR ORGANISATION THROUGH  
BUILDING SUCCESSFUL RELATIONSHIPS

THANK YOU

# CONTACT

[henry.curran@sw.glasgow.gov.uk](mailto:henry.curran@sw.glasgow.gov.uk)