



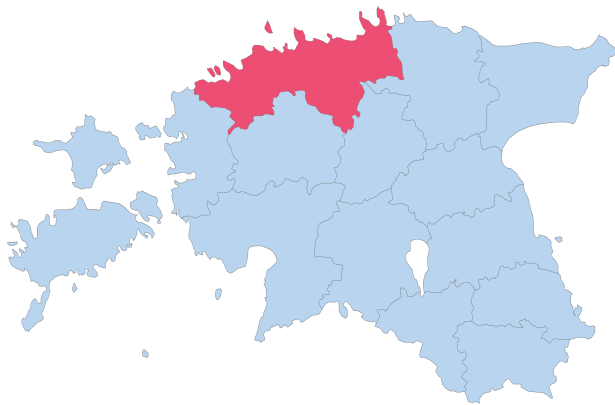
Overview of health and wellbeing

HARJU COUNTY

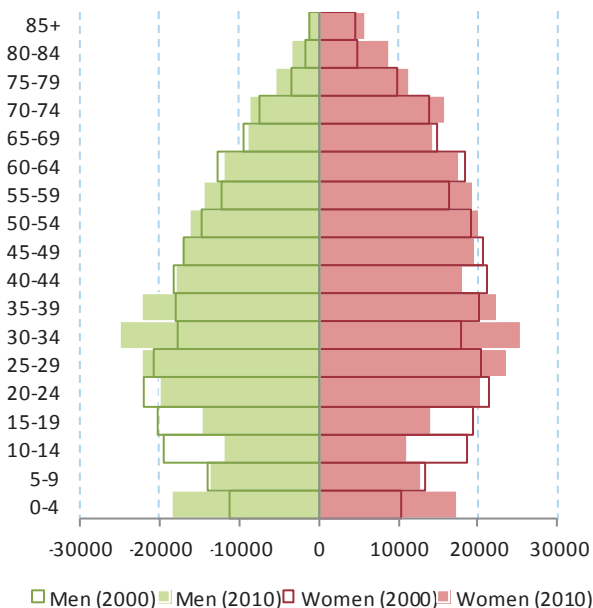
This document summarizes selected data on health and wellbeing in the county. The aim is to present comparable and standardized health indicators. This information gives input to the regional planning of services for improving the health and wellbeing of inhabitants.

It is compiled by specialists of National Institute for Health Development, in collaboration with Ministry of Social Affairs and Statistics Estonia.

Additional information about the data used in the overview can be found online at: www.terviseinfo.ee/maakonnatervis



STRUCTURE OF HARJU COUNTY'S POPULATION



Population: 558 017 (01.01.2011)

Percentage of Estonian population: 42 %

Area: 4333,13 km²

Population density: 127,5 inhabitants per km²

County centre: Tallinn (400 214 inhabitants)

Municipalities: 24, incl. 6 urban and 18 rural

Economic activity: real estate, wholesale and retail trade, construction, transport, storage, communications, manufacturing industry

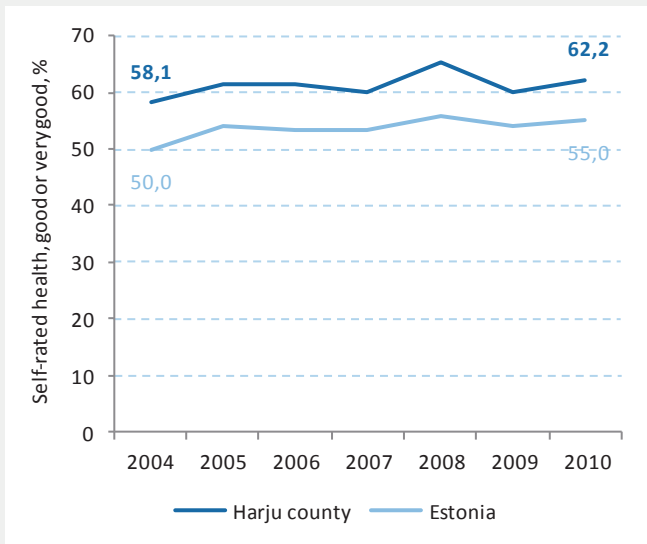
POSITIVE DEVELOPMENTS

- The highest positive migration balance in Estonia and a positive rate of natural increase
- The lowest percentage of elderly in county population
- High gross wages and employment rate
- Low at-risk-of poverty rate
- Lowest mortality rate from diseases of circulatory system in Estonia
- High proportion of people who rate their health good or very good
- Lowest rate of work-related accidents in Estonia

CHALLENGES

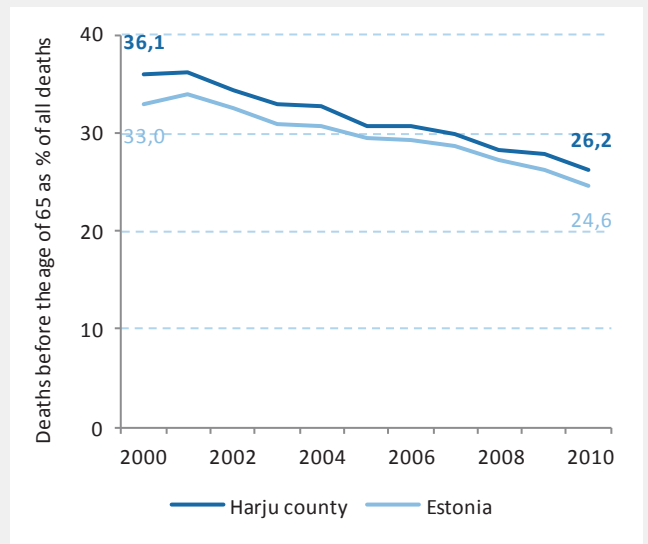
- Above average proportion of overweight school-children
- Below average proportion of working-age people with health insurance
- The spread of sexually transmitted diseases (including HIV)
- High incidence rate of cancer
- Regular consumption of alcohol among population
- High rate of violent offences

Self-rated health (good and very good)



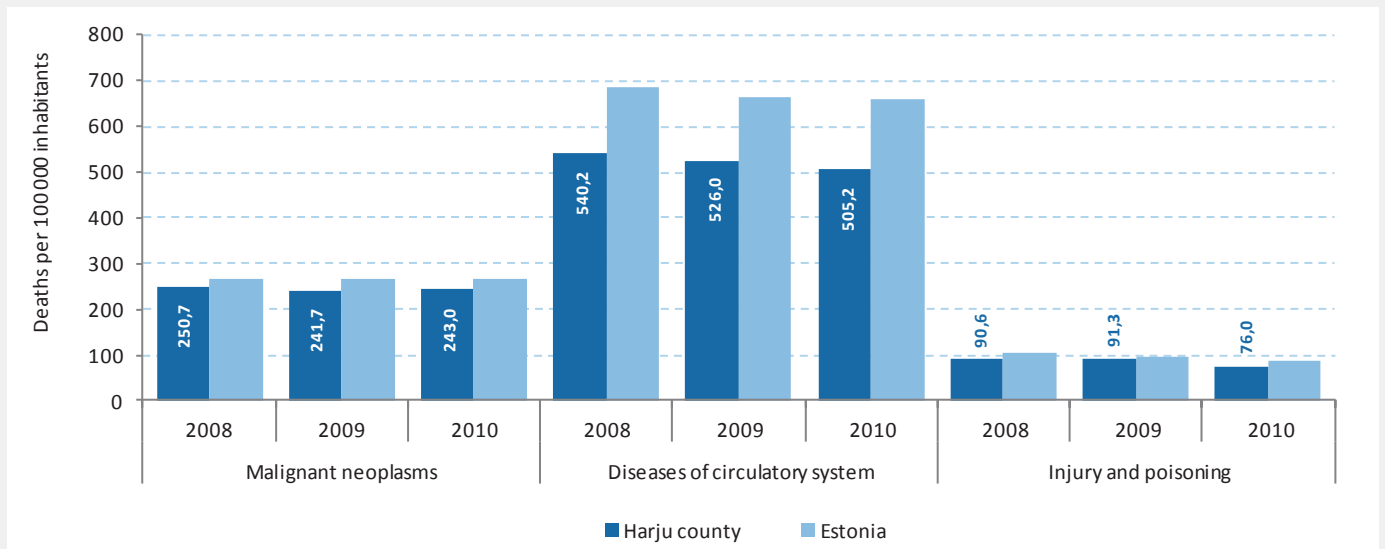
Source: Statistics Estonia

Deaths before the age of 65 years



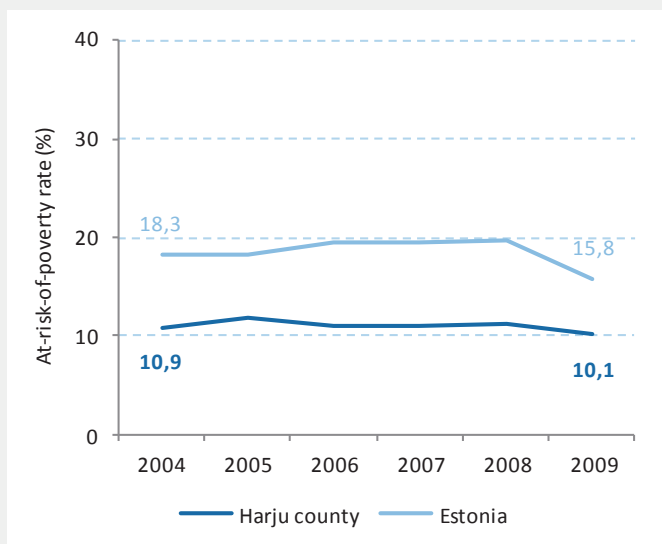
Source: Statistics Estonia

Deaths due to malignant neoplasms, diseases of circulatory system, and injury and poisoning



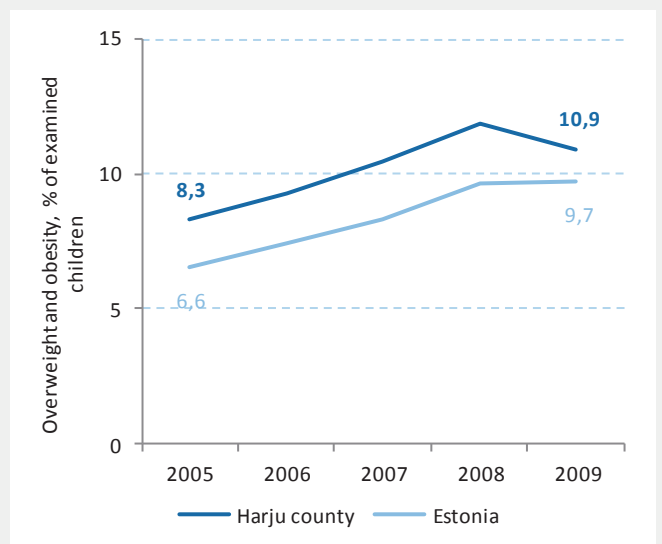
Source: Causes of Death Registry, National Institute for Health Development

At-risk-of-poverty rate



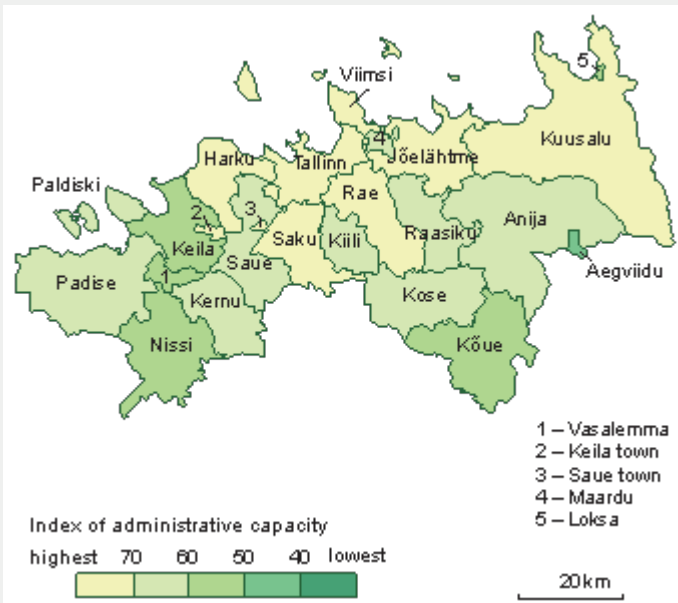
Source: Statistics Estonia

Overweight and obese children



Source: Estonian Health Insurance Fund

Administrative capacity of the municipalities

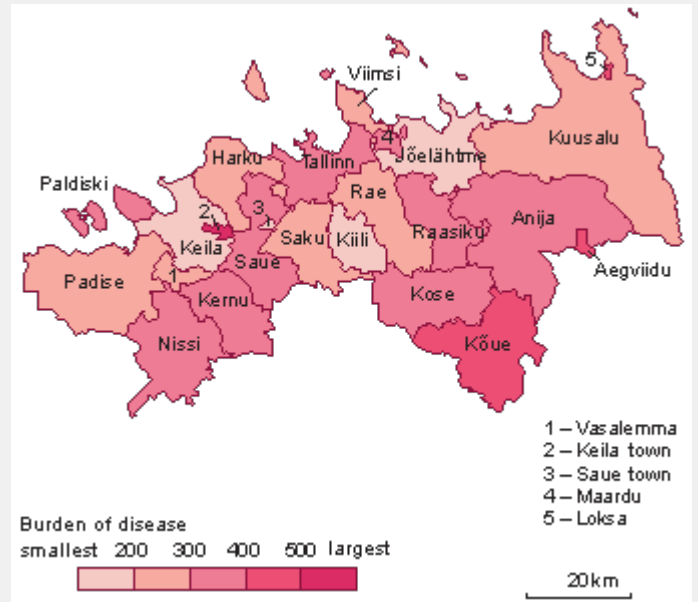


The index of administrative capacity is calculated using 26 indicators from six domains: population and area of the municipality, strength and diversity of local economy, wellbeing of inhabitants of the municipality, financial situation of the municipality, strength of the municipality's administration, and volume and diversity of the municipality's public services.

Administrative capacity of a municipality is expressed both in administrative ability and the general results of the administration on the territory of municipality. The map shows the index of administrative capacity in municipalities, average for the years 2006-2009.

Source: Geomedia, Ministry of the Interior

Burden of disease in the municipalities

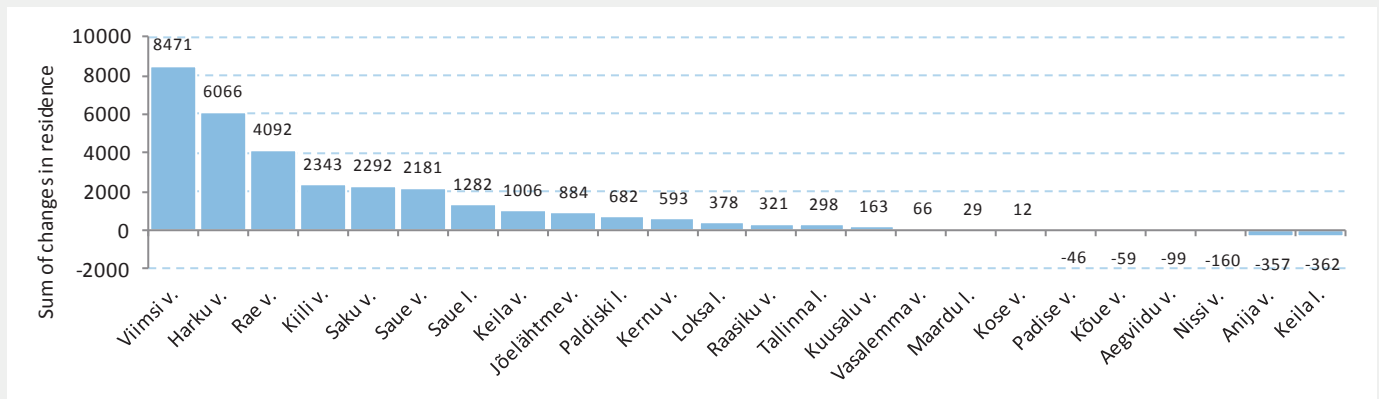


Burden of disease is calculated based on morbidity and mortality statistics; in addition the gravity of disease and people's age at the time of death are taken into account.

Burden of disease indicates how many years of life inhabitants have lost due to diseases and mortality. These are life years that people could have lived healthily, if there had not been the disease or death. Burden of disease is used as an indicator for comparing regions to each other or mapping the developments in time. The map shows years of life lost per 1000 inhabitants in 2006.

Source: Ministry of Social Affairs

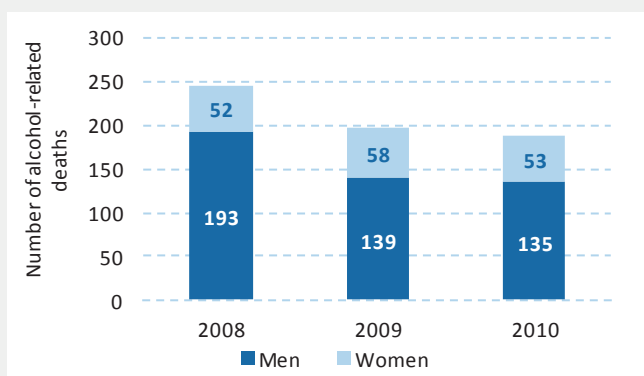
Sum of 2001-2010 net migration in municipalities of the county



Source: Statistics Estonia

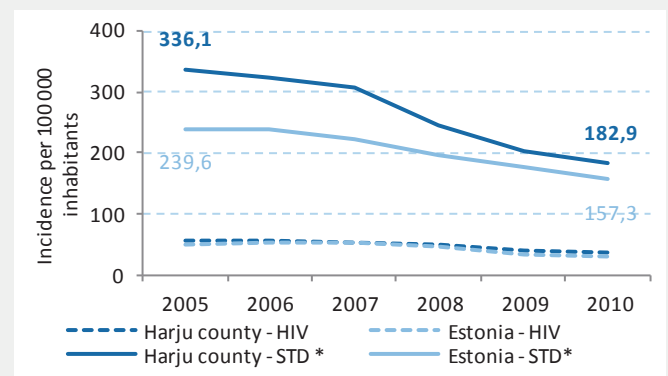
* l.— town, v. — parish.

Mortality due to alcohol-related diseases



Source: Causes of Death Registry, National Institute for Health Development

Sexually transmitted diseases



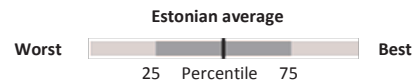
Source: Health Board * STD—other sexually transmitted diseases



Harju county

The graph compares health indicators in the county to Estonian average. Position of the county, compared to Estonian average is indicated by coloured spot, gray area depicts the distribution of the rest of the counties.

- Better than Estonian average
- No difference from Estonian average
- Worse than Estonian average



Domain	Indicator	Harju county		Estonian average	Estonian worst	Position to Estonian average	Estonian best
		Number	Rate / %				
Population and Social Life	1 Natural increase	1723	3,1	-0,2	-6,7		4,6
	2 Net migration	3266	6,0	-1,0	-12,8		6,0
	3 Proportion of the elderly (aged 65+) (%)	..	15,2	17,2	20,5		15,2
	4 Proportion of young people (aged 0-14) (%)	..	15,5	15,2	13,3		17,2
	5 Life expectancy at birth	76	76,2	75,8	72,3		76,9
	6 Employment rate (%)	..	68,2	62,7	48,1		68,6
	7 Average monthly gross salary (eur)	886	886,2	792,3	594,1		901,2
	8 At-risk-of-poverty rate (%)	..	10,1	15,8	24,7		9,5
	9 Violent offences	2655	4,8	4,4	6,6		2,2
	10 Air pollution	751	1,4	14,3	93,4		1,4
Health Behaviour	11 Regular alcohol consumption (%)	..	22,8	20,9	30,3		14,1
	12 Overweight and obesity, adults (%)	..	45,6	49,1	58,3		42,6
	13 Overweight and obesity, children (%)	..	11,1	9,8	11,6		6,3
	14 Daily smokers (%)	..	27,7	27,4	36,9		18,2
	15 Smoking while pregnant (%)	490	6,5	8,4	17,7		4,6
	16 Teenage (15-17 years) pregnancies	161	20,1	23,3	31,4		17,1
Healthcare	17 Health insurance coverage (%)	278846	85,6	87,7	83,3		89,2
	18 General practitioners	332	63,0	62,1	47,5		79,7
	19 Long-term care beds	469	557,4	682,8	0,0		1178,7
Health Status	20 Incidence of malignant neoplasms	2840	543,3	506,2	617,6		397,7
	21 Incidence of tuberculosis	121	22,1	23,5	36,8		3,5
	22 Incidence of A, B and C-hepatitis	163	29,8	23,6	65,7		2,0
	23 Sexually transmitted diseases (incl HIV)	1370	250,2	213,7	287,5		21,1
	24 Lyme disease	407	74,4	124,1	1461,0		27,2
	25 Tick-borne viral encephalitis	29	5,4	11,8	51,1		3,7
	26 Self-rated health, good or very good (%)	..	62,2	55,0	30,5		62,7
	27 Limitations due to health problems (%)	..	25,6	30,2	57,0		24,0
Mortality	28 Burden of disease	178302	33269,0	35597,1	42204,2		31714,0
	29 Years of life lost	88677	16464,0	18739,6	24659,4		15654,3
	30 Years of life lived with disability	89625	16506,3	17032,8	21772,3		13344,4
	31 Deaths at age 0-9 years	40	66,6	66,7	98,6		0,0
	32 Deaths under the age of 65	1549	334,4	385,0	601,1		288,4
	33 Deaths due to diseases of circulatory system	2868	378,4	427,9	541,5		378,4
	34 Deaths due to malignant neoplasms	1342	186,9	187,6	222,7		165,5
	35 Deaths due to injury and poisoning	471	81,1	85,8	117,7		62,6
	36 Deaths due to fires	18	3,3	5,6	11,1		2,8
	37 Deaths due to alcohol-related diseases (men)	156	62,1	69,3	107,1		47,9
	38 Deaths due to alcohol-related diseases(women)	54	18,3	20,4	34,7		5,7
	39 Alcohol-related injuries and deaths in traffic	91	16,6	29,4	86,4		11,5
	40 Serious and deadly work-related accidents	113	46,0	126,5	258,1		46,0

Notes (number in bold refers to the indicator in the table above)

1 crude rate of natural increase per 1000 population 2008-2010. **2** net migration per 1000 population 2008-2010. **3** elderly (65+ years old) people, % of total population 2010. **4** young (0-14 years old) people, % of total population 2010. **5** estimated years left to live at the age of 0, 2009/2010. **6** crude rate per 1000 population aged 16– retirement 2010. **7** average gross salary in euros 2010. **8** % of people whose income is below poverty line 2009. **9** violent offences per 1000 population 2008-2010. **10** air pollution from stationary sources of pollution: tons of particulates (PM-10) per 1000 population 2010. **11** alcohol consumption, at least 1-2 times per week, % of respondents 2006. **12** % of overweight and obese (with BMI>25) of respondents 2006. **13** % of overweight and obese schoolchildren, % of examined by school nurses 2009-2010 1st half-year. **14** % of daily smokers of population aged 16+ 2006. **15** % of mothers smoking in pregnancy 2008-2010. **16** teenage (15-17years) pregnancies per 1000 women of same age 2008-2010. **17** health insurance coverage, % of people aged 20-59 insured, average of quarters 2010. **18** full-time equivalent employment of general practitioners per 100 00 population 2009. **19** long-term care beds per 100 000 population aged 65+ 2010. **20** incidence of malignant neoplasms per 100 000 total population 2007. **21** incidence of tuberculosis per 100 000 total population 2008-2010. **22** incidence of A, B and C-hepatitis per 100 000 total population 2008-2010. **23** incidence of sexually transmitted diseases per 100 000 total population 2008-2010. **24** incidence of Lyme disease per 100 000 total population 2008-2010. **25** incidence of tick-borne viral encephalitis per 100 000 total population 2008-2010. **26** self-rated health, good or very good, % of respondents 2010. **27** % of respondents with limitations of everyday life due to health problems (somewhat or greatly limited) 2010. **28** years of life lost due to morbidity and mortality per 100 000 total population 2006. **29** years of life lost due to mortality per 100 000 total population 2006. **30** years of life lost due to morbidity per 100 000 total population 2006. **31** deaths of 0-9 year-old children per 100 000 population aged 0-9 2008-2010. **32** premature deaths (before 65) per 100 000 population aged 65+ 2008-2010. **33** standardized mortality rate due to diseases of the circulatory system per 100 000 total population 2008-2010. **34** standardized mortality rate due to malignant neoplasms per 100 000 total population 2008-2010. **35** standardized mortality rate due to injury and poisoning per 100 000 total population 2008-2010. **36** deaths due to fires per 100 000 total population 2008-2010. **37** deaths due to alcohol-related diseases per 100 000 men 2008-2010. **38** deaths due to alcohol-related diseases per 100 000 women 2008-2010. **39** injuries and deaths in traffic accidents with drunk drivers per 100 000 total population 2008-2010. **40** serious and deadly work-related accidents per 100 000 employed 2008-2010.

Data sources: 1-10, 26-27, 31-32 Statistics Estonia; 11-12, 14-16, 18-21, 33-35, 37-38 National Institute for Health Development; 13, 17 Estonian Health Insurance Fund; 22-25 Health Board; 28-30 Ministry of Social Affairs; 36 Estonian Rescue Board; 39 Estonian Road Administration; 40 The Labour Inspectorate. **Additional information:** <http://www.terviseinfo.ee/maakonnatervis> **Prototype of the graph:** West Midlands Public Health Observatory (United Kingdom)